

What does it cost for 1:1 support?

Packages	Cost with transport
2 hours	£42
3 hours	£63
4 hours	£80
5 hours	£97.50
6 hours	£117
7 hours	£133
8 hours	£152

Group Activity Costs:

The cost of a group activity can vary, as there are always differing factors to consider. An approximate cost would be £75 - £80 per person for a 9-hour day, inclusive of our bespoke door-to-door transport service.

"...without doubt the most efficient and professional company we have had dealings with for our son. Swift responses to emails, detailed information provided, and carers/drivers arriving on time, every time."

J. Gough



"I have always found the Out and About service to be understanding of my son's needs, and they have taken the time and trouble to match a fantastic carer to us. My son finds the activities enjoyable and rewarding, and comes home tired – but with a big grin!"

S. O'Ciobhain

Want to find out more?

We'd be happy to help you; please contact the Service Manager, on 07833 293742. Alternatively, please send us an email at: outandabout@optalis.org

Optalis
Acorn Community Centre
Fernlea Drive
Woosehill
Wokingham
RG41 3DR

Out and About

Our evening and weekend service for people with a learning disability or a physical disability.



Contact us:
07833 293 742
www.optalis.org

Find Optalis on →



The service provides tailored support to enable you to access your local social groups, hobbies, and community facilities.

We are able to offer our clients the following:

- 1:1 and group support to access the community and attend social activities of your choice. Our staff are all skilled and experienced, with relevant, up-to-date training. We endeavour to match skills and personalities, and offer a free introductory meeting.
- We invest time finding out about what you would like to do and research the opportunities available to you.



We also promote one-off events to our regular customers via our mailing list. (*Join our mailing list by emailing outandabout@optalis.org*)

- Our weekend group activities sometimes have limited capacity, but we give our Out and About members priority for accessing these!
- We can offer you access to transport, including our specialised vehicles.
- We can offer you competitive support programmes tailored to meet your needs.
- We have a monthly brochure, packed full of activities for evenings and weekends, with something to suit everyone!



What can you expect from us?

You will find that our team of staff are friendly and helpful. We communicate with you every step of the way to ensure you are confident and knowledgeable about the care and support you receive from our team. We will listen to what you tell us you like to do. We will then give you the right support to enable you to live a fulfilling life, in the way you want to live it.

You can expect support from **fully-trained, experienced staff**; all with up-to-date safeguarding training and CRB clearance checks in place. You will receive consistent, committed staff who are capable in meeting your support needs.

We welcome all feedback on how we can continue to develop and improve the service we provide to you, so please ask for a Feedback Form if you would like to offer your view.